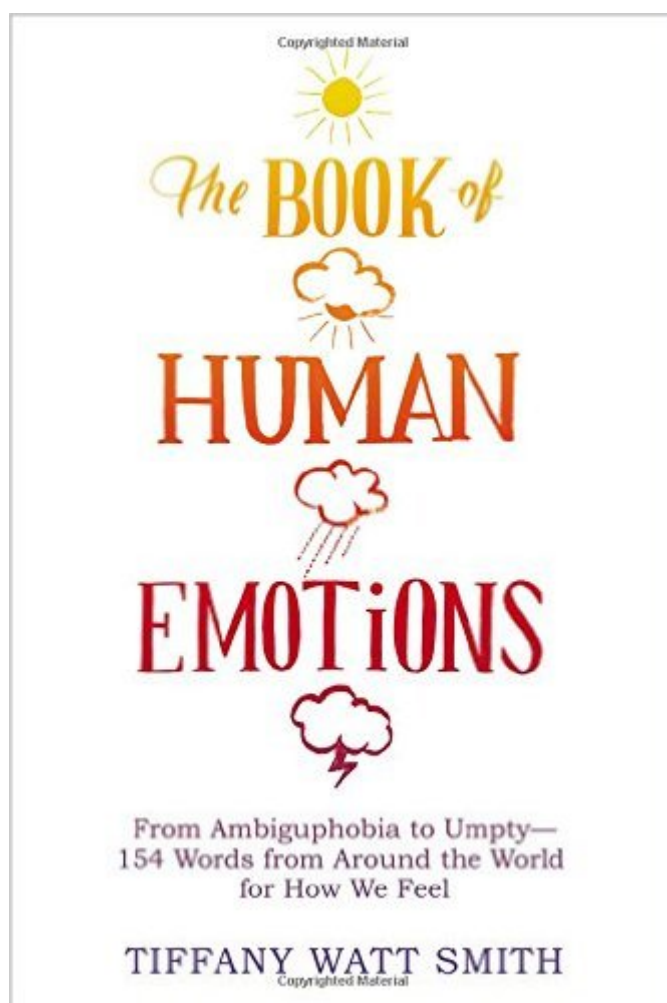


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# The Book Of Human Emotions: From Ambiguphobia To Umpty -- 154 Words From Around The World For How We Feel



## Synopsis

A thoughtful, gleeful encyclopedia of emotions, both broad and outrageously specific, from throughout history and around the world. How do you feel today? Is your heart fluttering in anticipation? Your stomach tight with nerves? Are you falling in love? Feeling a bit miffed? Do you have the heebie-jeebies? Are you antsy with *iktsuarpok* or filled with *nakhes*? Recent research suggests there are only six basic emotions. But if that makes you feel uneasy, suspicious, and maybe even a little bereft, **THE BOOK OF HUMAN EMOTIONS** is for you. In this unique book, you'll get to travel across the world and through time, learning how different cultures have articulated the human experience and picking up some fascinating new knowledge about yourself along the way. From the familiar (anger) to the foreign (*zal*), each entertaining and informative alphabetical entry reveals the surprising connections and fascinating facts behind our emotional lives. Whether you're in search of the perfect word to sum up that cozy feeling you get from being inside on a cold winter's night, surrounded by friends and good food (what the Dutch call *gezelligheid*), or wondering how nostalgia evolved from a fatal illness to enjoyable self-indulgence, Tiffany Watt Smith draws on history, anthropology, science, art, literature, music, and popular culture to find the answers. In reading **THE BOOK OF HUMAN EMOTIONS**, you'll discover feelings you never knew you had (like *basorexia*, the sudden urge to kiss someone) and gain unexpected insights into why you feel the way you do. Besides, aren't you curious what *nginyiwarrarringu* means?

## Book Information

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## Customer Reviews

great book. Very well written, unexpected gems of learning.

I ordered this after seeing it used in an on line article. Not a book to just read through like a novel but a good "pick up for a minute" read.

A great guide to the many emotions we experience, but sometimes are defined only in languages other than English. Highly recommended.

I thought entries would be a little more obscure. Many (most) of the selected emotions were obvious.

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